

# WINKLEY

orthotics&prosthetics

## Checklist for Diabetic Shoes and Inserts

- You have seen the doctor **in person** that manages your diabetes (diabetic care doctor, must be either an M.D or a D.O., cannot be an N.P or P.A.-C) within the last 6 months. We will obtain the progress notes from this appointment and review them for Medicare compliant content. Key topics covered in these notes should include:
  - **The primary reason for your visit being diabetes management**
  - A diagnosis of diabetes.
  - A1C results and relevant blood work.
  - Active medication list (examples below) and how they were reviewed by the provider:
    - Glucagon injection
    - Insulin
    - Lancets, blood glucose testing strips
    - MetFORMIN
    - Trulicity
    - Physical exam and/or foot exam
    - Medication dosing changes or a change in the medications being prescribed
    - Continuous Glucose Monitor data
    - Exercise and weight management
    - Plan for the next visit, labs being ordered
- You have had a diabetic foot exam by either your diabetic doctor, podiatrist, another M.D or D.O., physician assistant, nurse practitioner, or clinical nurse specialist within the last 6 months.
- We will obtain the progress notes from this appointment and review them for Medicare compliant content. They need to document the need for diabetic shoes **and custom** inserts and at least one of the qualifiers listed below:
  - History of partial or complete amputation of the foot
  - History of previous foot ulceration
  - History of pre-ulcerative callus
  - Peripheral neuropathy **with** evidence of callus formation
  - Foot deformity
  - Poor circulation
- A Statement of Certifying Physician (SCP) form must be signed by your diabetic care doctor. This form certifies you are diabetic, have one of the above qualifiers, being treated under a comprehensive plan of care for your diabetes, and you are in need of diabetic shoes and custom inserts. This form is valid for 90 days from the signature date. **We will obtain this form for you.**
- A detailed prescription for diabetic shoes and inserts from your diabetic care doctor or the individual that performed your foot exam. **We will obtain this Rx for you.**