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1321 South Main Street
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715-234-6622

Office hours 8-430 Monday-Friday

**AFTER HOURS
EMERGENCY
PAGER**

763-252-1160

Pin Care

Cares should be done a **minimum** once a day with:

- Isopropyl rubbing alcohol *or*
- Half strength peroxide/saline mix 1:1

Use a clean Q-Tip for each pin site; remove all discharge from sites daily.
Avoid using antibiotic ointment on pin sites unless directed by a physician.

Observe pin sites for the following:

- Inflammation
- Sharp pain
- Tracking (elongation of site)
- Clicking of pins

IF COMPLAINTS OF THE ABOVE, PLEASE NOTIFY ORTHOTIST

Skin Care

Wash under the vest daily using a damp towel, pulling back and forth in a drying motion. **Do not ever** loosen vest to make this easier. Keep liner clean and dry at all other times. Check skin for pressure sores often.

NO SOAP, LOTION OR POWDER is to be used under the vest.
An alcohol dampened washcloth every few days helps keep the skin dry.

Shampooing of the hair should be done at least twice a week. Clean pin sites per protocol after shampooing.

Never allow anyone to move patient by using the halo rods

Pin Site Cares After Halo Removal

- Immediately massage sites using a gauze 4x4 to break scar tissue away from skull.
- Continue routine pin cares until sites are completely healed.
- Continue lightly massaging daily until sites are healed.
- Use scar treatment if desired when scab is gone (i.e. Vitamin E oil, Mederma, etc)

If motion is identified in the head and /or neck, please call your orthotist immediately and we will help coordinate an appointment to meet with you and your doctor.